# Alameda County \*\*\* Behavioral Health Care Services

MENTAL HEALTH & SUBSTANCE USE SERVICES

# ACBH PRIDE COALITION PRIDE RESOURCE GUIDE

**Bay Area Resource Directory for LGBTQ Youth** 

The Oakland LGBTQ Community Center

# ALAMEDA COUNTY LGBTQ RESOURCES

Updated resource information and feedback is welcomed. Please contact the commission at <a href="mailto:lgbtqinfo@smcgov.org">lgbtqinfo@smcgov.org</a>
Disclaimer: We are providing this resource list as information only. Inclusion of an organization or program on this list does not imply endorsement, nor are we liable for errors of omission in publishing this list.

# ARTS, CULTURE, & NIGHTLIFE

**Queer Qumbia** 

Queer Qumbia is political project that brings people together around musica tropical - cumbia, merengue, salsa, norteñas, banda. It aims to create a queer and trans-inclusive, poc-centered dance benefit to raise awareness of issues impacting our communities-- proceeds support the work of organizations and groups. Every 3rd Friday of the month!

Website: https://www.facebook.com/pages/Queer-Qumbia/299606000979

Mailing and/or Business Address: La Estrellita Café, 446 E 12th St, Oakland, California 94606

Email: qumbiaqrew@gmail.com

#### **OULTURE COLLECTIVE**

Qulture Collective brings together artists, entrepreneurs, activists, and visionaries from queer and allied communities. The Qulture Collective envisions strengthening the vibrant community in Oakland by collectively creating a shared space to build enterprise. This generates an ongoing cycle of support and jobs that will benefit the community for years to come.

Website: http://www.qulturecollective.com/

Mailing and/or Business Address: 1714 Franklin St., Oakland, CA 94612

Phone Number: 510-419-0552 Email: info@qulturecollective.com

#### **COMMUNITY CENTERS**

**Pacific Center** 

The Pacific Center is a lesbian, gay, bisexual, and transgender (LGBT) community center serving the East Bay and Greater Bay Area that offers a broad array of human and health services for LGBT people of all ages and backgrounds.

Website: www.pacificcenter.org

Mailing and/or Business Address: 2712 Telegraph Avenue, Berkeley, CA 94705

Phone Number: 510.548.8283 Email: info@pacificcenter.org

#### COMMUNITY ORGANIZATIONS, SOCIAL CLUBS, & FAMILY SUPPORT NETWORKS

**Asian and Pacific Islander Family Pride** 

The mission of Asian and Pacific Islander Family Pride is to end the isolation of Asian and Pacific Islander families with lesbian, gay, bisexual and transgender members through support, education, and dialog.

Website: http://www.apifamilypride.org/home.htm

Mailing and/or Business Address: P.O. Box 473, Fremont, CA 94537

Phone Number: Hotline- 510-818-0887 Email: info@apifamilypride.org

# COMMUNITY ORGANIZATIONS, SOCIAL CLUBS, & FAMILY SUPPORT NETWORKS Cont.

# Oakland LGBTQ Community Center

The Oakland LGBTQ Community Center is dedicated to enhancing and sustaining the well-being of lesbian, gay, bisexual, transgender and queer (LGBTQ) individuals, our families and allies, by providing educational, social, and health related activities, programs and services.

Website: <a href="https://www.oaklandlgbtqcenter.org/">https://www.oaklandlgbtqcenter.org/</a>

Mailing and/ or Business Address: 3207 Lakeshore Ave, Oakland, CA 94610 (Entrance on Rand Ave.)

Phone Number: 510.882.2286

#### PFLAG Hayward/East Bay

PFLAG are parents, families, friends & straight allies united with LGBT people for the equality, health, and wellbeing of the queer community. Join to support, educate, and advocate.

Website: https://www.facebook.com/PFLAGHayward

# PFLAG Oakland/East Bay

The Oakland/East Bay chapter of Parents, Families, and Friends of Lesbians and Gays is part of an international organization promoting the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends. It does this through support to cope with an adverse society, education to enlighten an ill-informed public, and advocacy to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

Website: <a href="http://www.pflag-eastbay.org/">http://www.pflag-eastbay.org/</a>

Mailing and/or Business Address: P.O. Box 21195, Oakland, CA 94620

Phone Number: Helpline- 510-562-7692 Email: support@pflag-eastbay.org

# Somos Familia

Somos Familia was founded by two moms from the East Bay (San Francisco Bay Area) with Latino gay and bisexual sons in 2007 to reach out to other families. With an all-volunteer group of different generations we established the following mission and vision. Somos Familia's mission is to create support and acceptance for Latina(o) lesbian, gay, bisexual, transgender, queer or questioning youth and their families. They envision a world where youth of all sexual orientations, gender expressions and identities are accepted and celebrated by their families and communities.

Website: <a href="http://www.somosfamiliabay.org">http://www.somosfamiliabay.org</a>
Phone Number: 510-725-7764
Email: somosfamiliabay@hotmail.com

#### **CULTURE: ETHNICITY/NATIONALITY/RACE**

Asian and Pacific Islander Family Pride

The mission of Asian and Pacific Islander Family Pride is to end the isolation of Asian and Pacific Islander families with lesbian, gay, bisexual and transgender members through support, education, and dialog.

Website: http://www.apifamilypride.org/home.htm

Mailing and/or Business Address: P.O. Box 473, Fremont, CA 94537

Phone Number: Hotline- 510-818-0887 Email: info@apifamilypride.org

#### **Brown Boi Project**

The Brown Boi Project is a community of people working across race and gender to eradicate sexism, homophobia and transphobia and create healthy frameworks of masculinity and change.

Website: www.brownboiproject.org

Mailing and/or Business Address: 436-14th Street, 5th Floor, Oakland, CA 94612

Phone Number: (510) 962-6999 Email: info@brownboiproject.org

#### **CULTURE: ETHNICITY/NATIONALITY/RACE**

#### Somos Familia

Somos Familia was founded by two moms from the East Bay (San Francisco Bay Area) with Latino gay and bisexual sons in 2007 to reach out to other families. With an all-volunteer group of different generations we established the following mission and vision. Somos Familia's mission is to create support and acceptance for Latina(o) lesbian, gay, bisexual, transgender, queer or questioning youth and their families. Somos Familia envisions a world where youth of all sexual orientations, gender expressions and identities are accepted and celebrated by their families and communities.

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Phone Number: 510-725-7764
Email: somosfamiliabay@hotmail.com

#### **EDUCATION**

# **Gender Spectrum**

Gender Spectrum helps create gender sensitive and inclusive environments for all children and teens, providing consultation, training, and events that are designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression.

Website: <a href="https://www.genderspectrum.org/">https://www.genderspectrum.org/</a> Phone Number: 510-788-4412 Email Address: info@genderspectrum.org

#### MEDICAL SERVICES/CLINICS

# Kaiser Permanente Multi-Specialty Transitions Department, Oakland

The Multi-Specialty Transitions Department (MST) at Kaiser Permanente Oakland Medical Center is deeply committed to providing equitable, compassionate and high-quality medical care to transgender patients and their families. The specialist team consists of providers from surgery, internal medicine, gynecology, psychiatry, social services and nursing, who work together to provide comprehensive healthcare for Kaiser Permanente members needing gender-affirming health care services, including hormone consultations, surgical evaluations, psychological services, and gynecologic care.

Website: <a href="https://mydoctor.kaiserpermanente.org/ncal/facilities/region/eastbay/area\_master/departments/tr">https://mydoctor.kaiserpermanente.org/ncal/facilities/region/eastbay/area\_master/departments/tr</a> ansgender.jsp

### **SENIORS**

# **Lavender Seniors of the East Bay**

Lavender Seniors of the East Bay's mission is to improve the quality of life of older lesbian, gay, bisexual and transgender (LGBT) residents of Alameda and Contra Costa counties. Lavender Seniors advances this mission through direct services, outreach, advocacy and education. A critical aspect of this work is ensuring that LGBT elders are well-prepared emotionally, physically, legally, and socially in their later years.

Website: www.lavenderseniors.org/

Mailing and/or Business Address: 3300 Capitol Avenue, Fremont, CA 94538

Phone Number: (510) 574-2073 or (510) 574-2090 Email: info@lavenderseniors.org

# TRANSGENDER Kaiser Permanente Multi-Specialty Transitions Department, Oakland

The Multi-Specialty Transitions Department (MST) at Kaiser Permanente Oakland Medical Center is deeply committed to providing equitable, compassionate and high-quality medical care to transgender patients and their families. The specialist team consists of providers from surgery, internal medicine, gynecology, psychiatry, social services and nursing, who work together to provide comprehensive healthcare for Kaiser Permanente members needing gender-affirming health care services, including hormone consultations, surgical evaluations,

psychological services, and gynecologic care.

Website: <a href="https://mydoctor.kaiserpermanente.org/ncal/facilities/region/eastbay/area\_master/departments/tr">https://mydoctor.kaiserpermanente.org/ncal/facilities/region/eastbay/area\_master/departments/tr</a> ansgender.isp

Mailing and/or Business Address: 3600 Broadway, Oakland, CA 94611 Phone Number: General information/Hospital Operator- 510-752-1000

#### YOUTH/TRANSITIONAL AGE YOUTH:

#### **GSA Network**

Gay-Straight Alliance Network (GSA Network) is a next-generation LGBTQ racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

A Gay-Straight Alliance (GSA) is a student-run club in a high school or middle school that brings together LGBTQ and straight students to support each other, provide a safe place to socialize, and create a platform to fight for racial, gender, LGBTQ, and economic justice.

Website: http://www.gsanetwork.org/

Mailing and/or Business Address: 611 Telegraph Ave., Suite 1002, Oakland, CA 94612

Phone Number: 415-552-4229 Email: info@gsanetwork.org

#### **Our Space- Hayward**

Our Space is an LGBTQ youth community center that holds the experiences, strengths and needs of systems-involved youth at our core, and recognizes these youth as fierce and fabulous change-agents in our community. Our Space is located in Hayward, CA and is a program of Bay Area Youth Center/Sunny Hills Services.

Website: <a href="https://www.sidebysideyouth.org/">https://www.sidebysideyouth.org/</a>

Mailing and/or Business Address: 22245 Main St, Ste 200, Hayward, California

Phone Numbers: (510) 727-9401 Email: OurSpace@sidebysideyouth.org

# **QTY Treehouse (a HIFY SF Affiliated-Project)**

Queer Trans\* Youth (QTY) Treehouse engages folks ages 24 and under. It is a place to come learn new skills, meet friends, get linked to resources, and have fun!

Website: https://www.facebook.com/QTYTreehouse

Mailing and/or Business Address: 1684 7th Street, Oakland, CA 94607 Email: Shawn Simon, QTY Coordinator, at simon@hi4youth.org Contact: (510) 281-0980